




Wisdom Speaks Solutions Discipleship Series

Companion Journal



You are very gifted. There are so many great qualities about you and God wants them to shine. He wants to confirm and help you to realize that you are fearfully and wonderfully made by Him.

During this journey that you have accepted to proceed on, you are learning more about how God made you, how you are to operate and why you were created. Knowing these answers, help you to live life confidently.

You're not alone in this life. God is present in all things. This series was designed with you in mind. To help you to grow and develop in all God has for to know, be and to do.

You have power and authority, beyond what you think. Your activated ability is for a purpose. You must walk in it, so others can walk in theirs as well. God wants you to understand your purpose and walk in it. He has greatness in you, let it out. You are well able!

Happy Discovery!

Jannett Morrow



Noah Webster’s 1828 American Dictionary;
www.1828.mshaffer.com. (1)

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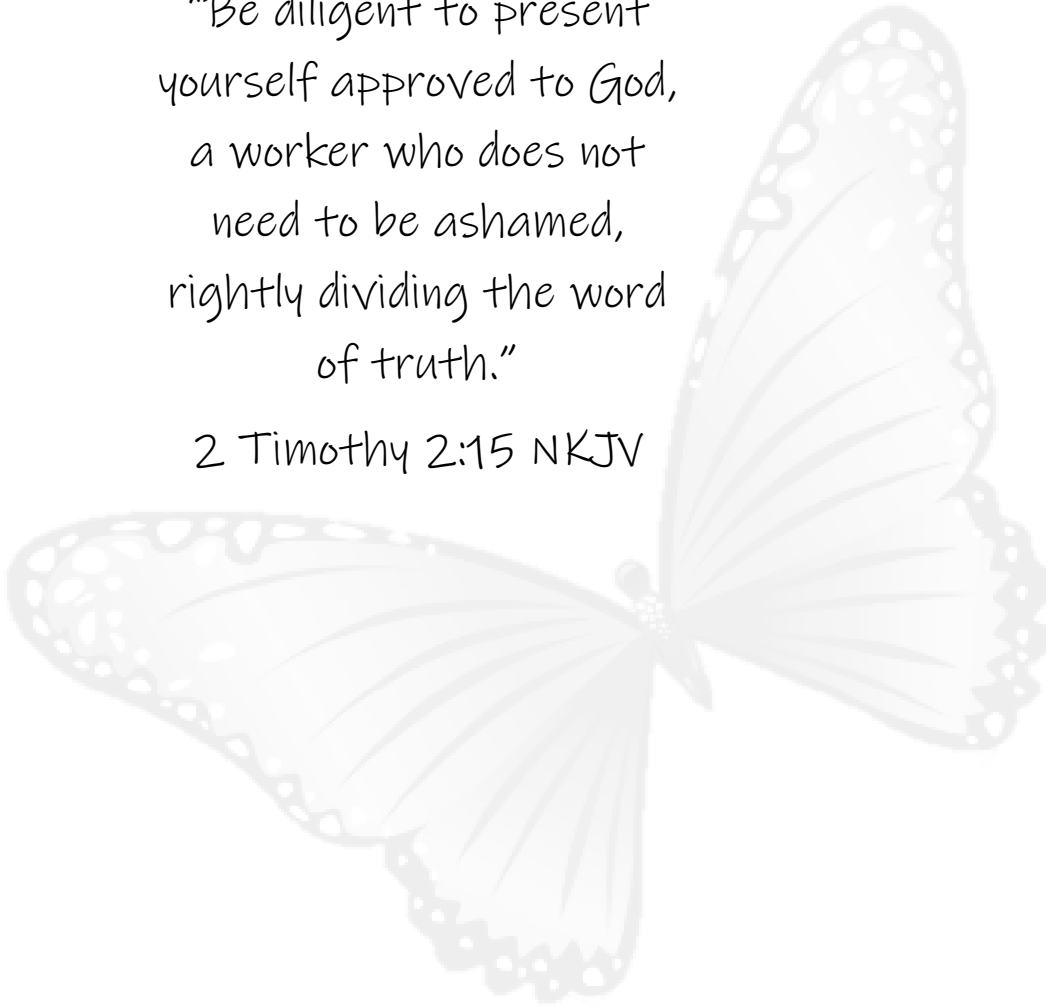
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“Be diligent to present
yourself approved to God,
a worker who does not
need to be ashamed,
rightly dividing the word
of truth.”

2 Timothy 2:15 NKJV



How To Use This Book – Be Encouraged

- Meditate – Reflect on God’s truths.
- Listen – Get quiet and hear God.
- Write – Jot down what comes to mind.
- Pray – Ask God to help you in the process.
- Gratitude – Praise God for His goodness.
- Act – Do given instructions.

This Companion Journal will help you work through these points. It is a useful tool, to encourage you to go deeper in your understanding and make the most of your reading. As you read each book of the series, you will have thoughts that come to mind and you will want to write them down. You want to be able to capture “in the moment” revelations.

You will get insight and clarity on areas that you may not have thought of before, so you want to jot them down for further understanding later. Also, there will be several questions asked of you that will lead you into further study of the topics you have read. Be ready to write.

You do not want to just read, but you want to get understanding about what you are reading. Slow down and hear what God is saying. He has so

much for you to know and sometimes it needs to be highlighted for you, in order for you to see it. That is what this Companion Journal is designed to do. Help you dig deeper and allow the process.

Take time to get quiet and go through each section of this journal. Read the questions, write down what comes to mind. Listen for instructions that may come and be ready to do them. Write this down also. You will find that doing this, will help you know that God is present and that He does speak to you.

Take as much time as you need to meditate on each section. No hurry! You want to hear all that God is speaking to you about each topic. This will also help you to sharpen your listening and discernment skills. The more you know you are hearing what God is saying to you, the more confident and bolder you get in doing what you are led to do. Pray and ask God to help you with this.

There is so much more that you can learn about God and how He has created you to live. He wants you free from bondage and the things that try to hinder your progression in His plan for your

life. He wants you to journey and participate with Him as He shows you, you. Be grateful that He desires to unfold what He has called you to become.

The Declaration Page after each section, will help you profess God's Word as you read it out loud and declare it over your life. His promises are real and are for you. Believe it!

There are many waiting for you to discover your purpose and for you to manifest it. This happening will be a blessing, not only to you, but those you are called to. Make the further investment to work on the areas God is shining a light on, as you read this series. Do the work needed to break free and walk in wholeness and completeness in Him. Act on all that has been given to you. The return on your investment, is priceless.

Thank you for making the continual decision to not be comfortable with where you are. For wanting to grow and develop in Him. He loves you and has great plans for you! Be encouraged and keep moving forward!



Until next time, let wisdom speak to you today!



"Comfort is the enemy of progress."

- P. T. Barnum



“For as he thinks in his
heart, so is he.”

Proverbs 23:7 NKJV

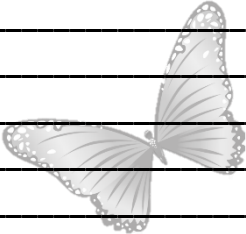
Focus, Eyes On The Prize



Write down a few thoughts that stuck out to you as you read.

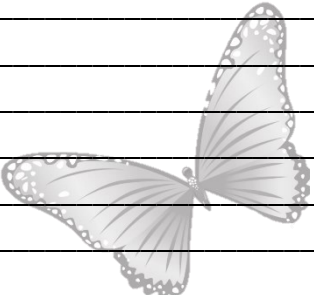
Pick one main thought from this list that you want to expand on. Why does this one interest you the most? Ask God to give you more understanding on this thought.

Write down what focus means to you. Why is it important to be focused?



Write down what Philippians 3:13-14 (NKJV) (2) means to you. Listen and write down what God may say to you about it.

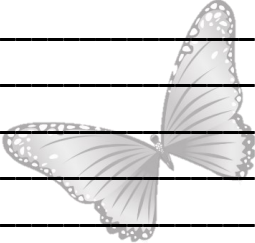
“Brethren I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus.”



A series of horizontal lines for writing, with a butterfly illustration positioned on the right side of the page.

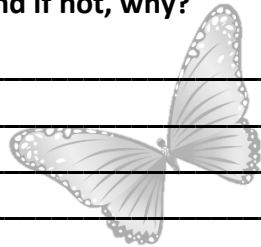
What can the distortion of truth mean in your life? Is there a difference between this and lies of the enemy? Can you see clearly in this state? If so, why? If not, why?

How many steps are there to learn in the sport of Archery? Write down what this sport has in common with being focused.

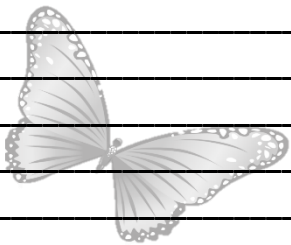


Write down Hebrews 4:2. What does this mean to you?

Why is it important to study the Word of God? What does your faith have to do with the Word of God manifesting? Does being focused play a part in this? If so, why and if not, why?



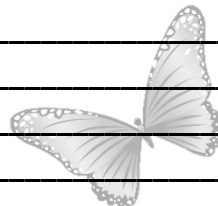
Prioritizing things in life according to their level of importance is vital for success. What else is God sharing with you about this truth? Do you have a choice in the decisions that you make? If so, why? If not, why?



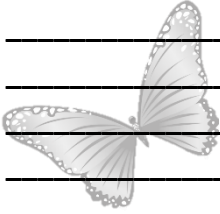
Making right decisions does not happen automatically. What do you have to do in order to make right decisions? Listen and write down what else God says to you about this.

What was Paul’s original name? When did it change? Who changed it and why?

Give some examples of what Paul use to do? Why did he stop? What distorted thinking was Paul operating in? What encounter corrected his thinking? What else sticks out to you about his encounter?



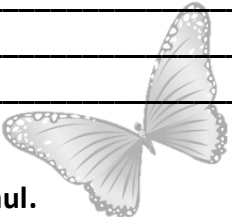
Write down Acts 9:3-4. What does it mean to you?



Write down what “keep your eyes on the prize” means to you.

Is there a difference between being familiar with God and knowing Him? If so, why? If not, why?

What does The Bible say about correction? What scripture do you come up with? Write down a time when you know God corrected you. How did you feel about? Was it what you needed? If so, why? If not, why?

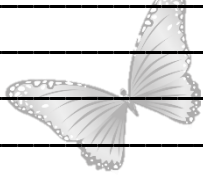


Write down what 2 Corinthians says about Paul.

Where was Paul’s heart before he met Jesus? Write down some examples of his actions.

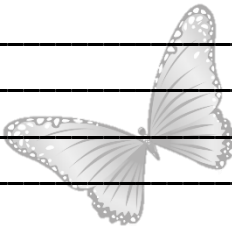
Write down what Psalms 139:14 says about how you are made.

If you had an experience like Paul had, do you think it would have changed your mind from wrong thinking? Write down some examples of why Paul needed his thinking changed.

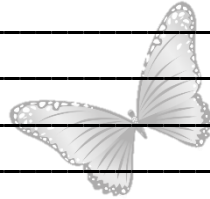


Does truth help you to make good decisions? If so, why? If not, why? Ask God to make this clear to you and write down what comes to mind.

Do you believe God tries to help you have right thinking? If so, why? If not, why? Find and write down at least 2 scriptures that talk about this. Meditate them.

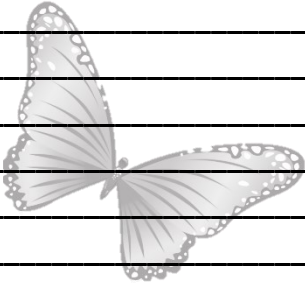


Write down what 2 Timothy 3:5 says about truth. What does this mean to you?



Why does the enemy try to deceive people? What can be used to combat the enemy’s deceptions?

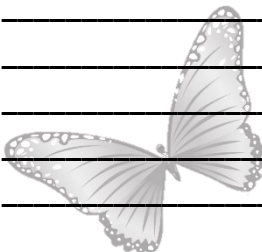
What is the difference of being a lover of yourself, then a lover of God? Is there religion or spirituality in that? Explain?



Write down Acts 9:8. Ask God to show you some fresh revelation from it and write down what comes to mind. What does it say to you about others helping you? Pray that God makes this clear to you.


What does page 43 say about what Jesus came to do? Write down John 10:10. Meditate on what Jesus came to do.

What does Stance mean in Archery? How is it similar to your image? How does what Jesus came to do, pictured in this definition?



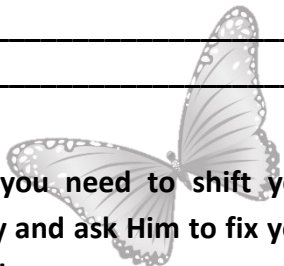
Pray and ask God to help you see yourself as He sees you? Write down what comes to mind. Meditate on this.

What does the Damascus road experience say to you? What are a few points you get out of reading it? Was it an instant change that occurred from it? How long does it take you to make changes?



You have to learn how to do different things in life, you do not automatically know. Write down what this process of learning Archery means to you? Write down how you can compare it to learning who you are in Jesus? Ask God to help you see what you may not see about this matter.

Ask God to show you areas where you need to shift your thinking on how you see yourself. Pray and ask Him to fix your focus. Write down what comes to mind.



Daily Declaration for Focus

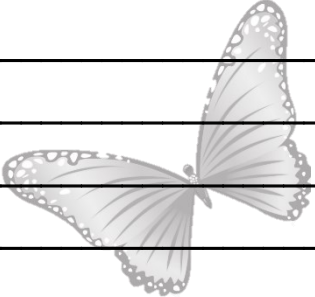
Father I thank You for Your continual goodness in my life. You continue to lead me and guide me into all truth, by Your Spirit. You continue to help me stay focused on what is important and show me how to keep my priorities straight. You help me keep my eyes on You so I can walk in perfect peace today. I choose to be fixed on You Word, as I go through my day. I will continue to seek Your wisdom in all I do today. You are my prize!

Thank You for Your love!

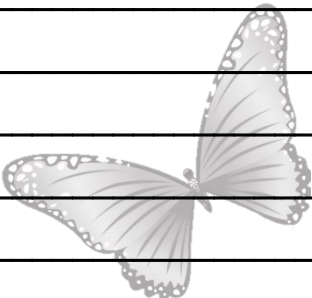
In Jesus Name, Amen!



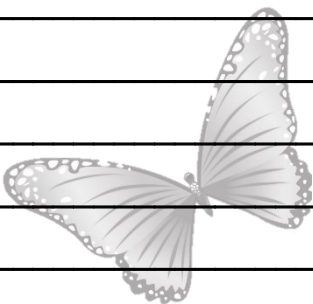
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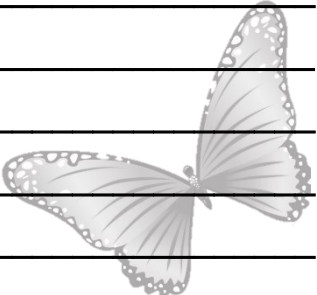
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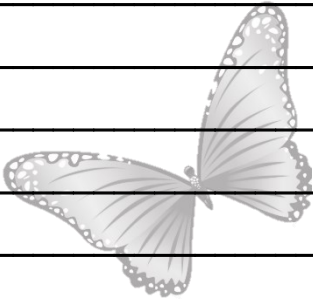
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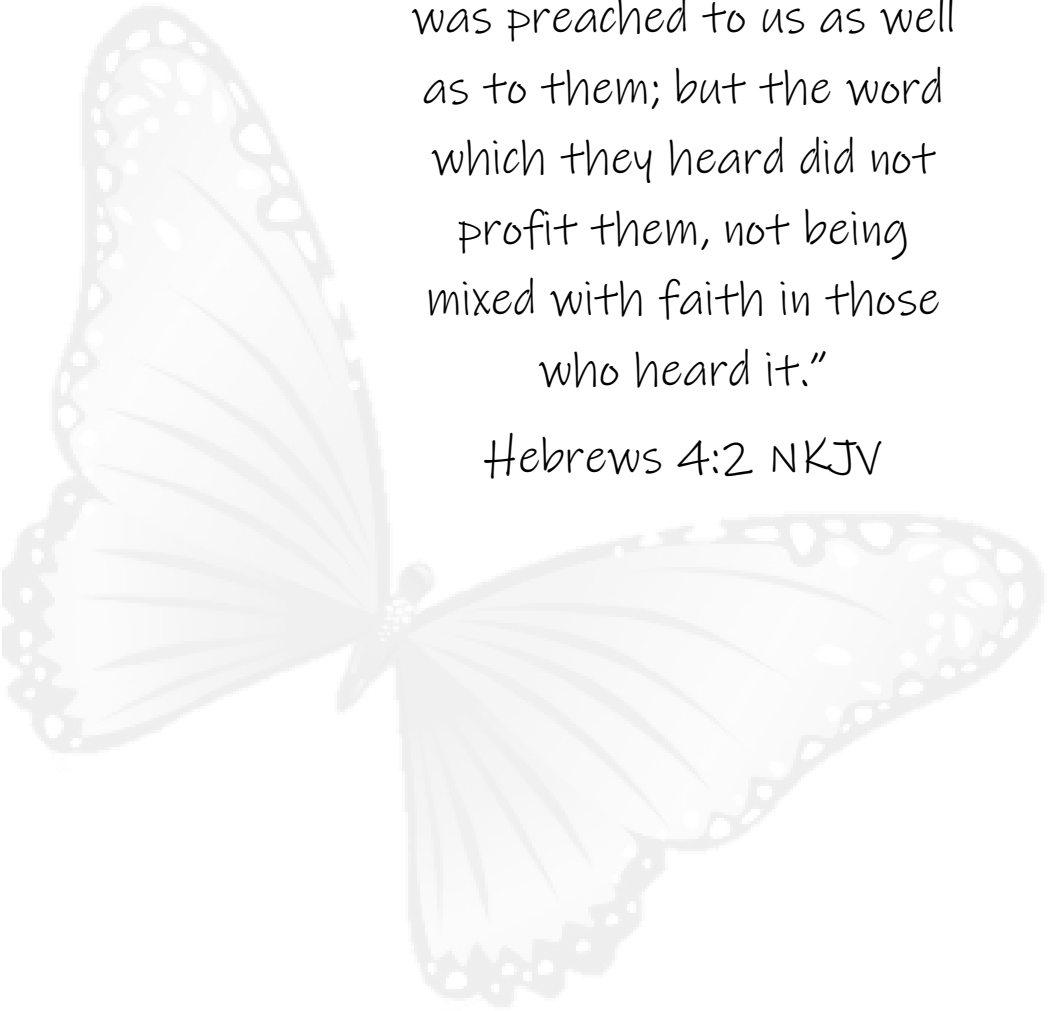


REFLECTIONS



REFLECTIONS





“For indeed the Gospel was preached to us as well as to them; but the word which they heard did not profit them, not being mixed with faith in those who heard it.”

Hebrews 4:2 NKJV



About the Author



Jannett Morrow is a visionary leader with a passion for helping people see who they were created to be.

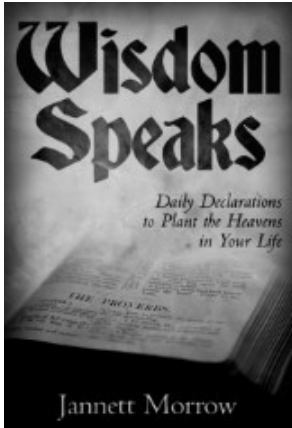
She enjoys helping people understand and develop their potential and fulfill their purpose. Through writing motivational books, hosting empowering workshops and conferences, making connections for business expos and more, she makes this happen.

She has an extensive background in the Social Service industry and a degree in Psychology from SIUE and a graduate of the Joseph Business School.

She is a mother of three wonderful young adults and devoted to fulfilling God's plan for her life. She is dedicated to making a difference and creating blessings in the lives of many.



Other Books



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*As You Go, Not Being Stuck
Where You Are*
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